

LIFE TOKENS

The Journey Mission Teams

While we are on our trip, we will take an opportunity for each person to share your life token. Each team member is asked to bring along an item, with some personal meaning, that will serve to tell a story, the significance of which helps the team to better know one another. The life token can be something you leave behind (i.e. buried in cement, or at a work site, or given to someone), but doesn't have to be. Prayerfully ask God to assist you in your selection of your personal life token.

Examples of life tokens have included such items as pictures, letters, a trophy, employee ID badge, a key, etc. It should be something not too large, and easy to carry. Life tokens can represent things like a relationship, a change of lifestyle, or an area of personal spiritual growth or commitment.

(Note: Occasionally, team members have struggled to come up with an actual item. In these cases, the team member will be given an opportunity to tell a story about their life or something they learned on the trip.)